



13 I always smudge my polish before it dries.

To fix the smudge, dab the pad of your index finger in non-acetone remover (be careful not to get any on your nail!). "Lightly sweep it over the dent to smooth it out," says N.Y.C. manicurist Jin Soon Choi. Cover with a light layer of polish, and finish with a quick-dry top coat. Or try an at-home gel formula. Some gels need an LED or UV light to dry, but this Nutra Nail kit has you alternate coats of "activator" and color for a polish that sets in less than five minutes and lasts about as long as a traditional manicure.



My self-tanner stains the bed sheets.

Try to do your self-tanning early in the day. Then, after four hours, rinse off in the shower to remove just the temporary bronzer on the top layer of skin, says Fiona Stiles. If it's closer to bedtime, use a large makeup brush to lightly dust yourself with baby powder after the tanner has dried. "This forms a barrier that prevents slip-off but won't alter your hue," says Suvara Spray Tanning guru Anna Stankiewicz.

Johnson's baby powder, \$4/15 oz.; at drugstores.

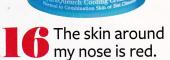
EDITOR QUICK FIX! Problem Banged-up brushes Solution These mesh slips protect bristles from collecting dust and getting bent out of shape The Brush Guard Blush, \$6/pack of 8; amazon.com. BARFIELD Market Editoi

Every time I wax my upper lip, I get redness and bumps.

You're probably reacting to an ingredient in the wax or the friction that occurs when it's pulled off, says Dr. Wu. Treat the area with a few dabs of hydrocortisone cream. Switch to a natural sugar-based wax (like Parissa Chamomile body sugar, \$12; parissa.com) that's less likely to aggravate skin. We like Olay's Facial Hair Removal kit, which comes with a waxy balm to smooth on before depila-Olay Smooth tory cream. "It protects skin Finish Facial Hair and reduces the chance of Removal Duo, irritation," says cosmetic \$25; cvs.com. chemist Ni'Kita Wilson.

Clarins Hydra Quench Cooling Cream-Gel, \$49; at department stores.

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This could be the result of one of many skin conditions, so consult a dermatologist to find the culprit. If the problem is rosacea, for example, you'll want to avoid inflammation triggers like spicy foods and hot saunas. If it turns out you have dilated or "broken" capillaries, you can consider Intense Pulsed Light laser treatments to shrink the blood vessels; up to five sessions, \$350 to \$500 each, are usually needed, says Dr. Wu. If you have combination skin with redness plus flaking, take a close look at your skin-care routine. "Oil-absorbing products can get trapped in the folds around the nose where skin is drier," causing irritation and redness, says Dr. Wu. The solution: Use mattifiers and acne medications only on greasy areas, and switch to a light gel moisturizer. Clarins Hydra Quench Cream-Gel is one good option.