

# InStyle

**JENNIFER  
LARNER**  
CANDID TALK  
ON BEN,  
BABIES  
WHAT'S  
NEXT

## 2012 *Is Your Year!*

**What  
to Wear  
Now...  
AND EVEN  
INTO  
SPRING**

**20  
MOST  
BOYHOOD  
BEAUTY  
PROBLEMS  
SOLVED!**

**EXACTLY  
HOW TO...**

**REWORK  
YOUR  
WARDROBE**

**FIND THAT  
PERFECT  
CUT**

**GET  
FLAWLESS  
SKIN**

**HAVE MORE  
ENERGY**

**JUST BE  
MORE FUN**

*What to Do.  
Made Simple.*

JANUARY 2012 INSTYLE.COM

\$3.99US \$5.99CAN







## 13 I always smudge my polish before it dries.

To fix the smudge, dab the pad of your index finger in non-acetone remover (be careful not to get any on your nail!). "Lightly sweep it over the dent to smooth it out," says N.Y.C. manicurist Jin Soon Choi. Cover with a light layer of polish, and finish with a quick-dry top coat. Or try an at-home gel formula. Some gels need an LED or UV light to dry, but this Nutra Nail kit has you alternate coats of "activator" and color for a polish that sets in less than five minutes and lasts about as long as a traditional manicure.



Nutra Nail Gel Perfect UV-Free Gel-Color in Flame, \$12; at drugstores.

## 14 My self-tanner stains the bed sheets.

Try to do your self-tanning early in the day. Then, after four hours, rinse off in the shower to remove just the temporary bronzer on the top layer of skin, says Fiona Stiles. If it's closer to bedtime, use a large makeup brush to lightly dust yourself with baby powder after the tanner has dried. "This forms a barrier that prevents slip-off but won't alter your hue," says Suvara Spray Tanning guru Anna Stankiewicz.

Johnson's baby powder, \$4/15 oz.; at drugstores.

Clarins Hydra Quench Cooling Cream-Gel, \$49; at department stores.



### EDITOR QUICK FIX!

**Problem**  
Banged-up brushes

**Solution**  
"These mesh slips protect bristles from collecting dust and getting bent out of shape."



**KAHLANA BARFIELD**  
Senior Beauty Market Editor



The Brush Guard Blush, \$6/pack of 8; amazon.com.

## 15 Every time I wax my upper lip, I get redness and bumps.

You're probably reacting to an ingredient in the wax or the friction that occurs when it's pulled off, says Dr. Wu. Treat the area with a few dabs of hydrocortisone cream. Switch to a natural sugar-based wax (like Parissa Chamomile body sugar, \$12; parissa.com) that's less likely to aggravate skin. We like Olay's Facial Hair Removal kit, which comes with a waxy balm to smooth on before depilatory cream. "It protects skin and reduces the chance of irritation," says cosmetic chemist Ni'Kita Wilson.



Olay Smooth Finish Facial Hair Removal Duo, \$25; cvs.com.

## 16 The skin around my nose is red.

This could be the result of one of many skin conditions, so consult a dermatologist to find the culprit. If the problem is rosacea, for example, you'll want to avoid inflammation triggers like spicy foods and hot saunas. If it turns out you have dilated or "broken" capillaries, you can consider Intense Pulsed Light laser treatments to shrink the blood vessels; up to five sessions, \$350 to \$500 each, are usually needed, says Dr. Wu. If you have combination skin with redness plus flaking, take a close look at your skin-care routine. "Oil-absorbing products can get trapped in the folds around the nose where skin is drier," causing irritation and redness, says Dr. Wu. The solution: Use mattifiers and acne medications only on greasy areas, and switch to a light gel moisturizer. Clarins Hydra Quench Cream-Gel is one good option.